



Defense Language Institute
Foreign Language Center &
Presidio of Monterey, CA

RELEASE # 06-005

First Inaugural Mud Run kicks off April 1, really

FOR IMMEDIATE RELEASE

PRESIDIO OF MONTEREY, CALIF. March 29, 2006 –The Presidio of Monterey, Big Sur International Marathon Corporation and California State University Monterey Bay are hosting the inaugural Mud Run, 9 a.m. April 1, on the Former Fort Ord and the CSUMB campus.

Anyone interested in joining in on the fun can register the day of the event at Freeman Stadium or online at the Big Sur International Marathon website at:

<http://www.bsim.org/MudRun/OnlineEntryMudRun2006.pdf>.

Presidio of Monterey Garrison Commander Col. Jeffery Cairns had seen similar events and thought this would be a fun competition that both military service members and the public could participate in.

The inaugural Mud Run will begin and finish at Freeman Stadium on the CSUMB Campus. The five-mile course is run with two miles on paved roads and three on trails and includes hills, water, obstacles, a tunnel crawl, a five-foot wall and a mud pit. Showers will be provided at the finish and all finisher's will receive an official T shirt.

The Mud Run is open to individuals or 5-person teams. Teams must cross the finish line together to qualify for awards. You must be 15 years of age and in good health to enter. Packet

pick-up is Friday, March 31 at Freeman Stadium between 4 p.m. and 6 p.m. and Saturday, April 1 between 6 a.m. and 8:30 a.m.. There will be aid on the course at miles one and four.

To get to Freeman Stadium from Highway 101, take 156 west (the Monterey Peninsula exit) to Highway 1 south. Take the CSU/Mty Bay/Ft. Ord Main Entrance exit. You will cross over the highway onto Light Fighter Drive. Make a left at 2nd Avenue. The parking lot will be on the right.

For more information, contact Patricia Ryan in the DLIFL/POM Public Affairs Office at (831) 242-6430, or email patricia.ryan@monterey.army.mil.

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